



Istituto Lorenzo de' Medici

THE ITALIAN INTERNATIONAL INSTITUTE

FLORENCE | TUSCANIA



Study Abroad 2022-2023

EMPOWER YOUR FUTURE

 **LdM** The Italian
Lorenzo de' Medici International
Institute

Welcome to LdM

Istituto Lorenzo de' Medici (LdM) is a renowned Italian institution with nearly 50 years of expertise in international higher education. Its main campus is located in the center of beautiful Florence, birthplace of the Renaissance, and a sister campus resides in the historical town of Tuscania, a short ride south into the Lazio countryside. Students choose between Florence's urban environment and Tuscania's rural tranquility based on field of study as well as personal preferences to design the Italian experience of their dreams. Both LdM sites enjoy their own unique student culture, course offerings, and co-curricular activities - but the ties that bind our two sites are LdM's mission, core values, and a dedicated faculty committed to experiential and interdisciplinary teaching.

Mission

By expanding their knowledge and understanding of the world, LdM challenges students to evolve within the global community, focusing on the lessons of past and present cultures to cultivate a better tomorrow.

Core Values

- **LEARNING IS EMPOWERMENT**

Through experiential learning, LdM students are active participants in the learning process.

- **PROFESSIONAL SKILLS**

Interdisciplinary and collaborative projects prepare LdM students for the challenges and opportunities of their chosen careers.

- **CULTURAL DIVERSITY**

LdM is a dynamic, international environment providing equal and open access to educational opportunities.

- **COMMUNITY ENGAGEMENT**

By creating opportunities for meaningful interaction between international students and locals, LdM is committed to creating an atmosphere of trust through reciprocal relationships with the neighbors who so warmly welcome our students each year.

- **PERSONAL GROWTH**

Exposing LdM students to a broad range of disciplines, ideas, and trials supports the development of their intellect, cognitive abilities, and individual moral compass.

Photo credits: Photographs of LdM Students, LdM Students' Artworks, and LdM Premises by Simone Stanislai.



ACADEMIC SCHOOLS

500+ courses in 36 departments.
All courses taught in English except Italian language courses.



STUDENT DIVERSITY

LdM welcomes students from around the world, from roughly 89 nations, such as the United States, Mexico, the Netherlands, Sweden, and more!



FACULTY & STAFF DIVERSITY

LdM employs dedicated instructors as well as support professionals from more than 18 countries including Italy, Germany, Poland, Peru, Canada, and beyond.

Accreditations & Certifications



Italian Ministry of Education

Registered and authorized since 12 December 1989



European Quality Assurance

Certification ISO 9001:2015



Swedish Board of Student Finance (Centrala studiestödsnämnden, CSN)

Approved since 2006



Norwegian State Educational Loan Fund (Lånekassen)

Approved since 2017



Icelandic Student Loan Fund (Lánasjóður Íslenskra Námsmanna - LÍN)

Approved since 2015



US Middle State Commission of Higher Education (MSCHE)

Approved as a branch campus of Marist College since 2005



US Department of Veterans Affairs

Approved since 2010



"I learned and grew both personally and intellectually, but not just from my studies. Adapting to a foreign environment and finding time to explore this culture and area of the world - all while balancing my class work - provided me with a very full and rewarding preparation for life after college!"

Special thanks to my professors at Istituto Lorenzo de' Medici who were gracious to not only teach but also share their insights into cultural distinctions and highlights of Italy."

- Isabella Wilde, Spring 2020



SMALL CLASSES, BIG IMPACT

The average number of students in LdM lectures is 1:25, whereas the average number per lab and studio course is 1:12. By keeping the faculty-to-student ratio low, LdM promises an intimate academic environment.



INSTITUTIONAL FLEXIBILITY

With more than 40 program options, LdM enrolls 3000+ students on an annual basis, each enjoying the plethora of education choices available.



View of Palazzo Vecchio, Florence

Why Italy?

1. FIFTH MOST VISITED COUNTRY IN THE WORLD

65 million people can't be wrong! That's how many international travelers choose Italy each year, and LdM's location in central Italy allows for hassle-free access to neighboring cities (Milan, Rome, etc.). Italy's position in Europe also enables jetsetters to explore world-renowned cities like Paris, London, and Vienna. Getting around Europe is generally affordable and easy thanks to budget-friendly airlines and high-speed trains. What surprises many is that Italy is one of the most affordable European countries, making it an ideal destination for study abroad students. In fact, Italy is the most popular non-English speaking destination for study abroad students!

2. LIVE LIKE AN ITALIAN

Situated in the center of the Mediterranean Sea, Italy has always been a cultural crossroad; a place where people from different backgrounds could influence one another through the exchange of goods, services, and ideas. For centuries, the Italian way of life has invited foreigners to cherish the beauty that surrounds them and draw inspiration from it. Italians appreciate the simple pleasures in life and are often admired for their easygoing attitudes. Hospitality is another key cultural value, so Italy's people have a wonderful way of helping visitors to feel right at home.

3. PERFECTLY PICTURESQUE

Italy's nickname is Bel Paese, or beautiful country, so it's no surprise the geography and ecology make it a perfect backdrop for study abroad. Sprinkled throughout Italy are about 8,000 charming towns and villages, as well as vibrant cities everywhere, all ripe for exploration. Amidst the hustle of urban Florence, visitors can spot the Chianti Mountains or stroll through peaceful parklands like the Bardini Garden. Snowy Alps span Italy's northern border, and the southern peninsula is famous for serene



beaches and more than 1,500 lakes. Whether you're a skier, a hiker, or an amateur photographer, Italy has something for you.

4. HAVEN FOR HISTORY, ART, AND DESIGN

The significance of Italy's contributions to human history cannot be overstated. Most people recognize the surnames Gucci, Galileo, and da Vinci; however, a lesser known fact is that Italy is home to 58 UNESCO World Heritage sites - more than any other country in the world! The enduring influence of Italian architecture, invention, and design is universally accepted, and art lovers are delighted to discover that nearly one-third of the world's art treasures reside in Florence's city center. With history around every corner, learning opportunities are endless.

5. BUON APPETITO!

Italian cuisine is more than pizza and pasta, but if you love these classic dishes as much as we do, where better to indulge than their country of origin? The Slow Food Movement, which started in Italy, celebrates local produce like olives and tomatoes. Italy is also the largest wine producer in the world. Treat your palette to regional delicacies and rainbows of gelato while learning to prepare traditional meals that can impress family and friends for years to come.

"This experience allowed me to work with people from all over the world, to learn about a new culture, and discover more about myself. Florence is a lovely city that inspires you with its art, history and landscapes. Living there was an unforgettable experience. I enjoyed every minute of it and I'm very grateful I got the chance to do it."

- Isabella Sarrazola Hermes, Fall 2021



LdM Sites



Florence

TUSCANY REGION

- **Density:** 8th largest Italian city
- **Area:** Only 102 km² (39 mi²)
- **Average temperatures:** 7.5°C (45.5°F) in February; 21.4°C (70.5°F) in June; 20.5°C (68.9°F) in September
- **Geographic features:** Chianti Mountains and the Arno River
- **Key economies:** Tourism, Furniture, Food, Wine, Fashion, Artisanal Crafts, Machinery
- **Landmarks:** Cathedral of Santa Maria del Fiore, Ponte Vecchio Bridge, Pitti Palace



Tuscania

LAZIO REGION

- **Population:** Fewer than 10,000 residents
- **Known for:** Quality of produce and food products, such as walnuts, chestnuts, olives, olive oil, Pecorino Romano cheese, and wine
- **Fun fact:** Home to some of the most beautiful lavender fields in Italy
- **Geographic features:** Volcanic Lake Bolsena and the Maremma coastlands
- **Key economies:** Agriculture, wine, specialty food products
- **Landmarks:** Chiesa di San Pietro, Etruscan necropolises, Medieval towers



Popular Italian cities to visit by train:

FROM FLORENCE

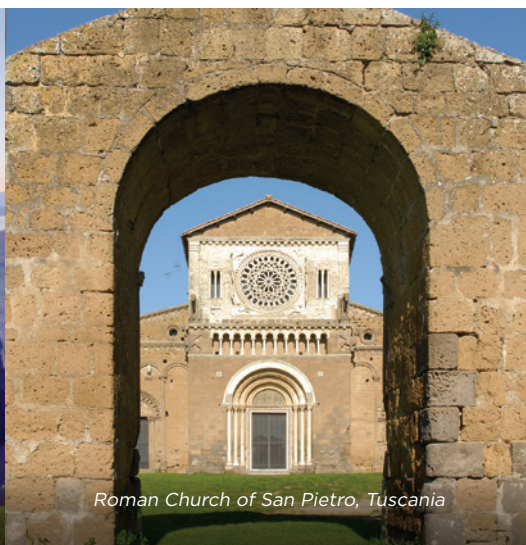
- Bologna - 40 minutes
- Milan - 2 hours
- Rome - 1.5 hours
- Venice - 2.25 hours

FROM TUSCANIA

- Rome - 1.5 hours
- Naples - 3 hours
- Perugia - 3 hours
- Florence - 4 hours



LdM students at Lake Bolsena



Roman Church of San Pietro, Tuscania



LdM students at the Duomo, Florence

Academic Schools

LIBERAL ARTS AND SOCIAL SCIENCES

Leveraging blended curricula and distinctive course offerings, this school's 16 departments include the humanities, communications, business, and social sciences.

The Ancient Roots of Florence. Archaeology Workshop. Palaces of Florence. Principles of Marketing. Intercultural Communication. Introduction to Multicultural Education. Sustainable Italy: Environmental Awareness and Ecotourism. History of Prostitution. The Quarters of Florence: History and Culture. Literature and Journalism. International Politics. War and Media. Social Psychology. The Pursuit of Happiness. World Religions. Organized Crime: Sociology and History of the Italian Mafia. Travel Writing.

ITALIAN LANGUAGE AND CULTURE

Through courses offered by LdM's oldest school, students are introduced to Italian language conversation and gain insight into the legacy and influence of Italian culture in today's globalized world.

Italian Language: Elementary, Intermediate, and Advanced. Italian for Conversation. Food in Italian Culture. Italian Through Theatre. Italian Women's Literature. Communications Internship in Italian. Contemporary Italy Through the Media. Italian Through Community Service. Translation Techniques. Italian Film. Italian for Business. Contemporary Italian Politics. Italian Through Children's Literature. Italian Through Mediterranean Cooking. Capping: Contemporary Italian Thought.

CREATIVE ARTS

Introducing students to artistic traditions and contemporary innovation, this school empowers students to develop technical skills, personal expression, and self-awareness.

Filmmaking. Screenwriting. Italian Cinema and Society. Music and Film. Principles of Drawing and Composition. Plein Air Landscape Painting. The Making of an Exhibition. Florence/Tuscany Sketchbook. Expanding Creativity. Principles of Fashion Photography. Landscape and Architecture Photography. Fundamentals of Food Design, Styling, and Photography. Acting Dante's Inferno. Exploring Opera and Music Theatre. Introduction to Ballet. Relief Printmaking. Fresco Painting and Restoration. Ceramics and Well-Being.

DESIGN

Interdisciplinary dialogue prepares design students at all levels to become international leaders in their professional careers.

Sustainable Architecture. Public Space Design. Patternmaking. Fashion Styling. Global Fashion Merchandising. Retail Management. Fashion Marketing. Fashion Design/Merchandising Internship. Trend Forecasting. Digital Graphic Techniques Fundamentals. Web Design. Brand Design. Rendering Essentials. Graphic Design Project Development. CAD for Interior Design. Lighting Design. Sustainable Design. Furniture Design. Exhibit Design. Jewelry Design. Jewelry Making. Florentine Jewelry Engraving Techniques.

NUTRITION, ITALIAN GASTRONOMY AND CULTURE

Students enjoy hands-on culinary courses inspired by Italy's food traditions, as well as academic exploration of food culture and the scientific study of nutrition research.

Current Trends in Italian Cuisine. Wine Business and Marketing. The Journey to Well-Being. Where Food Meets Health: The Mediterranean Diet. Wines of Italy. The Science of Food, Health, and Well-Being. Sports Nutrition. Not Just Italian Food: Culinary and Cultural Traditions. An Italian Sensory Experience: Pairing Food and Wine. Ancient Sources of Italian Cuisine. Sustainable Food and the New Global Challenge. Cooking in Context: Traditions of Tuscany. Food Marketing and Communication.

SCIENCE AND MATHEMATICS

Combining focused instruction with practical lab work, this school opens students' eyes to international perspectives of scientific knowledge and methods.

General Chemistry I & II with Laboratory. Organic Chemistry I & II with Laboratory. Introduction to Neuroscience. Science for Conservators. Chemistry Applications for Art Conservation. Italy's Contribution to Modern Science

AGRICULTURE

Tuscany-based faculty invite students to discover traditional as well as innovative approaches to environmentally sustainable agriculture.

Agricultural Economics. Organic Agriculture. Sustainable Agriculture Systems and Management of Natural Resources: A Global Perspective. Sustainable Forest Management. Agri-Food Marketing. Multifunctionality of the Agricultural Sector.



"Studying at LdM was an eye-opening experience, thanks to the variety of its course selection, enthusiastic instructors, and a diverse student body. Studying abroad has made me a much more independent, self-confident person."

**- Reem Alaa Hamed,
Marist-LdM 2012-2015**

"After spending four months in Italy, I can say that studying abroad was one of the best decisions I've ever made. LdM offered me the chance to expose myself to new situations, to learn about a new culture, meet new people and explore new places."

- Daniel Rojas, Spring 2019



"Tackling the challenges of adapting to a new cultural environment and enduring the rigor of international academics has taught me life-long lessons. The professors at LdM are truly knowledgeable, engaging students during the lectures while also offering insights beyond the classroom."

- Komal Pandit, Spring 2020



View of Palazzo Strozzi courtyard, Florence

Department Locations

FLORENCE • TUSCANIA ▲

LIBERAL ARTS AND SOCIAL SCIENCES

- ▲ Ancient Studies
- ▲ Anthropology
- Art History
- ▲ Communications
- Education
- ▲ Environmental Studies and Geography
- Gender Studies
- ▲ History
- ▲ International Business
- ▲ Literature
- ▲ Philosophy
- Political Science and International Studies
- ▲ Psychology
- ▲ Religious Studies
- ▲ Sociology
- ▲ Writing

ITALIAN LANGUAGE AND CULTURE

- ▲ Italian Language
- ▲ Italian Language and Culture

CREATIVE ARTS

- ▲ Film and Media Arts
- ▲ Painting, Drawing and Mixed Media
- ▲ Performing Arts
- ▲ Photography
- Printmaking
- Restoration
- Sculpture and Ceramics

DESIGN

- Architecture
- Fashion Design, Marketing, and Merchandising
- Graphic Design
- Interior Design
- Jewelry Design

NUTRITION, ITALIAN GASTRONOMY AND CULTURE

- ▲ Italian Gastronomy and Culture
- ▲ Nutrition

SCIENCE AND MATHEMATICS

- Biological Sciences
- Chemistry
- Mathematics

AGRICULTURE

- ▲ Agricultural Studies and Technologies



Graphic Design studio, Florence



Agricultural Studies and Technologies course, Tuscany

Academic Programs

STUDY ABROAD PROGRAMS

ACADEMIC SEMESTER AND YEAR ABROAD

Long-term programs are customizable based on students' academic needs and personal interests. LdM suggests students register for one course in Italian language, as these classes provide students with tools for navigating Italy and are part of the traditional study abroad experience. Additionally, semester students are eligible for credit-bearing internships in various fields of study, from Art History to Communications and Design.

SEMESTER INTERNSHIPS

Italy is known for artisanal and small business structures. By dedicating 12 hours per week to an LdM partner company or organization, students gain familiarity with common characteristics of an Italian workplace while balancing a full semester of credits. LdM interns can obtain lifelong skills, cultivate relationships, and enhance resumes that help them compete in the global marketplace. Please note that placement opportunities are limited and are unpaid.

TWO ITALIES PROGRAM

Instead of concentrating an entire semester in either Florence or Tuscania, experience both LdM sites with the Two Italies program! Students live and study in the city before transferring to the Italian countryside, learning to recognize local and regional differences while gaining a more complex understanding of contemporary Italy. A set schedule of five courses introduces students to Italian language and culture,

Florence's ancient roots, wine business and marketing, philosophical and psychological approaches to the subject of happiness, and global development of sustainable food sources. This program is ideal for undergraduates who want to fulfill general education requirements abroad.

SUMMER SESSIONS

In the summertime, LdM offers two shorter sessions, each consisting of month-long courses. Choose the Florence or Tuscania session that works better for your schedule, either June or July. Alternatively, students may combine the two sessions to maximize their summer study abroad in Italy.

JANUARY INTERSESSION

The shortest of LdM programs, this three-week program in Florence is open to undergraduate and independent students, as well as lifelong learners. Capitalize on the winter break by enrolling in one or two courses that complement your international adventures in Tuscany's capital city, the Jewel of the Renaissance.

SPECIAL SUMMER PROGRAMS

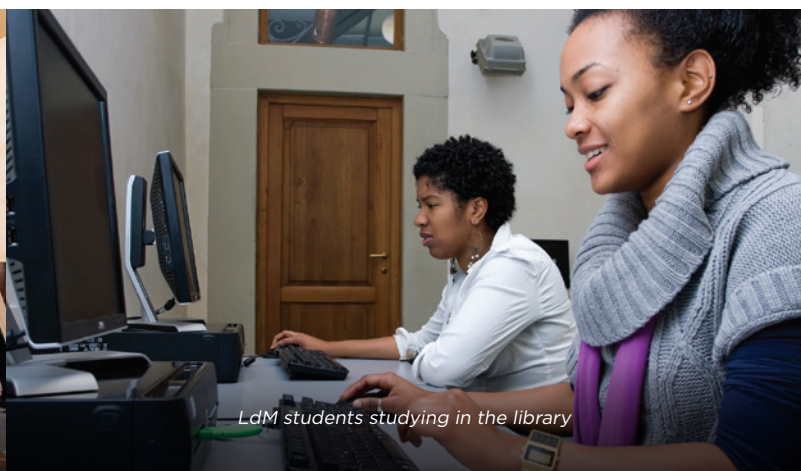
Available in both Florence and Tuscania, these 4-week intensive experiences balance academic instruction with hands-on practice.

ARCHEOLOGY FIELD SCHOOL

Dig into a professional excavation environment while learning about ancient Etruscan culture and



LdM student preparing for annual exhibition, Art is in the Square, Florence



LdM students studying in the library



archaeological methods. Conducted in partnership with LdM's long-time partner CAMNES (The Center for Ancient Mediterranean and Near Eastern Studies), students will be led by a team of Italian archaeologists into Tuscany's necropolises, or cities of the dead, and delicately uncover artifacts dating back 2,500 years. This year, Italian students will participate as part of the collaboration with Università di Napoli Federico II.

FLORENCE SUMMER RESTORATION WORKSHOP

Learn how to directly apply the most appropriate conservation and restoration techniques to authentic works of art in their historical Italian locations. At the LdM restoration lab in Florence, students practice the creative and scientific skills necessary to travel into the field for hands-on sessions that focus on original easel paintings from past centuries.

YOGA WELLNESS WORKSHOP: BODY AND SPIRIT

Immerse yourself in the ancient Yoga tradition while surrounded by the healing serenity of Tuscany. In addition to daily physical practice and the analysis of Yoga's sacred texts, students will explore the spiritual and mental practices of Yoga, gaining understanding of union with the divine and ways to quiet the busy modern mind.

CERTIFICATE PROGRAMS

SUMMER CERTIFICATES

This new program was carefully designed to meet increasing demand for on-site educational opportunities that emphasize career readiness within structured yet flexible plans of short-term study. Summer Certificates address specific and relevant themes, delivering a powerful advantage for those who are eager to progress along certain career paths. Subjects include: Branding, Global Sustainability, Human Creativity, and Wine Business & Culture.

ONE-SEMESTER CERTIFICATES

Semester Certificates offer students an opportunity to gather the professional skills and theoretical underpinnings of exciting fields. Subjects include: Architecture in Urban Context, Balance in Nutrition, Interior Design in Contemporary Living, Italian Gastronomy, Product Design Towards Sustainability, and Visual Communication for Fashion.

ONE-YEAR AND PROFESSIONAL/ADVANCED CERTIFICATES

Long-term certificates develop student creativity, artistic talent, and technical skills within intentionally structured plans of study. These programs begin every fall semester, and subjects include: Fashion Design, Fashion Marketing & Merchandising, Fine Arts, Graphic Design & Visual Communication, Interior Design, Jewelry Design, and Restoration & Conservation.

MARIST-LdM PROGRAMS

MARIST-LdM DEGREE PROGRAMS

International students can earn a bachelor's degree through LdM's partnership with Marist College. These fully accredited, four-year degree programs offer the unique experience of extended undergraduate study at an Italian international institution. Subjects include: Art History, Conservation Studies, Digital Media, Fashion Design, Global Marketing Communication, Interior Design, Italian Language, and Studio Art.

MARIST-LdM VENICE BIENNALE PROGRAM

This biennial summer program invites students to visit the famous visual art exhibition La Biennale di Venezia. Academics focus on studio art and the prominent role Italy plays in the contemporary art world.

**LEARN MORE
ABOUT OUR
CERTIFICATE
PROGRAMS!**





Florence is the capital of the Tuscany region and home to approximately one-third of the world's art treasures. Living and studying in the birthplace of the Renaissance is an unparalleled experience! Walking to classes in Florence's historical center, the entirety of which is declared a UNESCO World Heritage Site, LdM students enjoy jewels of the city, marvel at its beauty, and make meaningful memories every day.

STUDY IN STYLE

LdM buildings are situated in the San Lorenzo district, next to the bustling market and ancient church. The LdM Florence campus comprises 14 properties peppered between the iconic Duomo, artisanal gelaterias, and the legacies of great scientists and artists of human history. In addition, LdM partners with the University of Florence, enabling students to complete STEM coursework in the same laboratory facilities utilized by Italian university students. LdM students will appreciate a full range of facilities: Wi-Fi equipped classrooms, specialized art and design studios, modern culinary labs, a courtyard garden, library, and a computer center. In addition, the always delicious LdM Cafeteria offers affordable meal plans, frothy cappuccinos, and a cozy space where students can gather or collect their thoughts between classes.

DELIGHT IN CULINARY ARTS

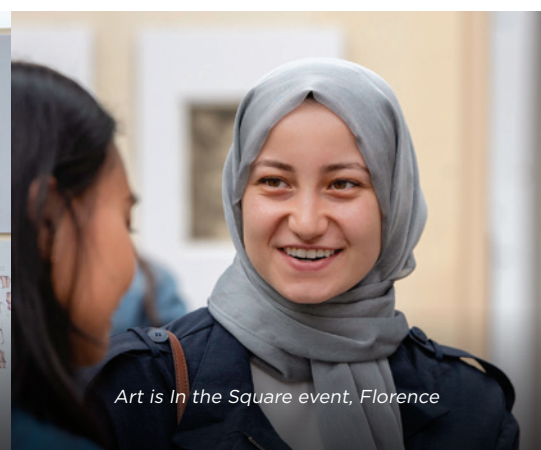
LdM's main building neighbors a lively Florence landmark: Mercato Centrale, one of the oldest indoor markets in town. Since its opening in 1874, locals have depended on this historic public market for the fresh, colorful ingredients commonly used in Tuscan cuisine. In the newly restructured food hall on the second floor, among contemporary culinary vendors, students and tourists alike can discover Cucina LdM, a modern kitchen with 16 professional workstations equipped with state-of-the-art appliances and utensils. Thanks to LdM's partnership with Mercato Centrale, everyone is invited to learn from the wonderful instructional chefs of Cucina LdM, who explain both the history and chemistry of each ingredient, allowing pupils to recognize what makes Italian cuisine so special.



Field trip to Palazzo Vecchio, Florence



Project: Product Design Towards Sustainability



Art is In the Square event, Florence



"Being a student of art and design, Florence has always been one of my dream places to visit. I've learned so much in Florence, falling in love with the language and beautiful landscapes. LdM is such a welcoming school, the professors and advisors are all incredible people. I am so happy to say Florence, Italy is where I had my study abroad experience."

-Jinxuan Chen, Fall 2017

IMMERSE IN AESTHETIC

Florence is a favorite destination for high street fashion, architecture, and style. Luxury brands from Ferragamo and Gucci to Cavalli and Pucci, have made the city a fashion capital of the world and Florence enjoys a reputation for quality craftsmanship and design. LdM welcomes students of all disciplines to deepen their understanding of fine arts, design industries, and Italy's commanding monuments through a variety of introductory, intermediate, and advanced courses. Curiosity and creativity are not restricted to students who major in art and design, so for those who always wanted the opportunity to roam Renaissance palaces and admire Michelangelo's David at close range, studying with LdM is truly the chance of a lifetime!

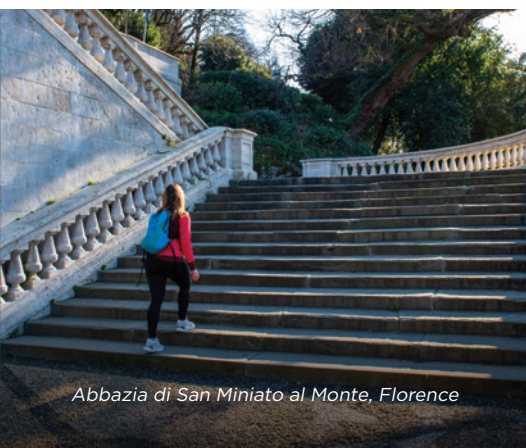
EXHIBIT WITH LdM GALLERY

Studying in Florence, students breathe beauty, finding it around every corner and within the LdM Gallery. Here, programming often focuses on student perspectives with exhibitions that feature the most exciting and profound interdisciplinary art and design projects by LdM's very own students. The gallery's main goals are artistic experimentation and dialogue, encouraging the development of students' creativity and sophistication.

Frequent exhibitions generate open discussion with the public, offering students the chance to experience professional realities of the art world beyond an institutional setting.

VISIT FONDAZIONE FRANCO ZEFFIRELLI

In 2018, LdM began a rewarding collaboration with Fondazione Franco Zeffirelli - International Center for Performing Arts. The Center aims to make the heritage of Franco Zeffirelli's 70-year career available to future generations, Florentine and international. Courses in the performing arts, film and media arts, and literature are jointly offered by LdM and Fondazione Zeffirelli inside of the beautiful Palazzo San Firenze, a 17th-century baroque architectural treasure. Zeffirelli is known worldwide for cinematic masterpieces, like Academy Award nominees Romeo and Juliet (1968) and Taming of the Shrew (1967). Affectionately nicknamed Il Maestro (The Master), he was a modern-day Renaissance man, having also directed theater and opera productions at acclaimed institutions from La Scala in Milan to the Met Opera in New York.



Abbazia di San Miniato al Monte, Florence



LdM student in art studio



Basilica of Santa Maria Novella, Florence



Tuscania

Tuscania is a hilltop town located in the Lazio region of central Italy, part of the breathtaking countryside of the Maremma coastlands. Owing to its smaller size and its unique geography, students in Tuscania can live and study in a typical Italian environment, interacting closely with the local community. LdM students maximize study-life balance because Tuscania makes the perfect base for a great range of cultural and outdoor recreational activities.

SURROUNDED BY SERENITY

Tuscania is in the Lazio region and known for its natural beauty. Cultivated fields, abundant orchards, rows of olive trees, lush vineyards and fragrant fields of lavender offer the ever-changing charm of a landscape that boasts a brilliant color palette throughout the seasons. Surrounded by unforgettable scenery, students can learn about Etruscan history in proximity to ancient ruins. Etruscan civilization predated the Roman Empire by more than 800 years, and the only surviving Etruscan constructions draw curious archaeologists and researchers to Tuscania from all over the world.

A CLOSE-KNIT COMMUNITY

LdM Tuscania is often described by students as a very warm campus where students easily get to know one another as well as the faculty and staff. All classrooms and student facilities are housed in one large building that is nestled inside medieval walls that encircle the tranquil town. Just down the street is the local bakery, where students regularly find themselves engaged in friendly conversation with local residents while choosing a loaf of freshly baked bread. Tuscania's neighbors are eager to meet LdM students and encourage Italian language learners. LdM's sister site of Tuscania is a great fit for students who are interested in connecting with Italians, practicing language skills, and learning about Italian culture in a peaceful, low-stress environment.



LdM student in Archaeology Field School



Roman Church Of San Pietro, interior, Tuscania



LdM student excavating ancient Etruscan artifacts



"I chose Tuscany because I wanted an authentic Italian experience that would force me to learn Italian and practice it. Coming into a place like this was inspirational and different from what I'm used to, not only in the environment but also interacting with a new culture and types of people."

- Robert Warf Burke, Spring 2018

OUTDOOR ADVENTURE

At LdM Tuscany, students can choose from a wide variety of well-being initiatives and sport activities, which facilitate relationship building with the natural and cultural environments. For example, Lake Bolsena, the largest volcanic lake in all of Europe, gives students access to dark sand beaches and swimming, waterfront cafés, and boat rentals. In addition, the sparkling Tyrrhenian Sea is a short 30-minute ride away. Closer to home, students can practice yoga, learn how to forage for mushrooms, ride horses, hike around Vulci Archaeological Park, and take a dip in the thermal pools at Terme di Vulci, where the hot spring's water ranges in temperature from 30-42° degrees Celsius (86-107° Fahrenheit)!

GETTING AROUND

From Tuscany, the nation's capital Rome is just a train ride away, and LdM staff make it easy for students to reach the Eternal City! Free transfers from LdM Tuscany to the nearest train stations (Tarquinia and Viterbo) are available on Thursdays and Fridays, and Rome's Fiumicino Airport is approximately 1.5 hours by

train. On Sundays, students can arrive at the Tarquinia train station for a free return transfer back to Tuscany. With complimentary logistical support, students gain confidence planning weekend trips and participating in LdM-organized excursions to major cities as well as ancient towns, such as Viterbo, Orvieto, and Civita di Bagnoregio.

SUSTAINABILITY BY EXAMPLE

Tuscany is an unmatched location for the study of sustainable agriculture and the farm-to-table lifestyle. Seated among fertile hills as rich in produce as Etruscan heritage, Tuscany has a mild Mediterranean climate in which agricultural activity takes place nearly year-round. Balancing traditional techniques and technology-inspired innovations, farmers obtain high quality food products while demonstrating deep respect for the environment. Tuscany families take pride in living off their own produce; extracting golden oil from their own olive trees and tending their own fields using organic methods that prioritize quality over quantity. In Italy, you will taste the difference.



Handmade pasta in LdM cooking class



View of Rivellino Medieval Castle, Tuscany



Sustainable Forest Management, visit to Faggeta

Housing

Studying abroad can be transformative, requiring students to adjust to a new way of life in a different country. LdM makes this transition easier by offering a range of housing services for those who choose Italy as their home away from home.

LdM applicants who intend to secure housing through LdM will receive a link to the LdM Housing Application. In this application, students are given the opportunity to express preferences as well as needs. The LdM Housing Services staff works diligently to take this information into consideration and accommodate requests when possible.

Upon completion of the LdM Housing Application, students receive email confirmation and additional instructions. Approximately one week before their LdM program begins, the following information is provided via email:

- Housing address
- Contact information for assigned roommates and/or apartment mates
- Details for Housing Check-In
- Up-to-date travel requirements for arriving in Italy

Roommate and apartment mate requests are taken into consideration by LdM staff.

LdM believes providing students with residential comfort and safety is critical. To maintain this standard, students who opt into LdM housing receive emergency contact information, in the event of an urgent housing issue outside of business hours. Additionally, students receive guidelines for safety and well-being that address

Italian housing laws, the importance of locking doors, recovery of lost keys, information about utilities and proper ventilation, and instructions for enjoying Italy's advanced waste collection and recycling systems.

STUDENT APARTMENTS

Students attending LdM have the housing option to live in shared apartments. This is the most popular housing option and is ideal for those who want to live a more independent lifestyle.

Apartments in Italy, especially in the historic centers, are situated in antique buildings. Most often, Italian apartments are on the second floor (or higher) within buildings that do not have elevator access. The apartments used by LdM are located in different buildings across Florence and Tuscania, all within walking distance of the school.

Each apartment is unique, so students can expect for LdM apartments to vary in appearance, style, configuration, lighting, size/number of bedrooms, size/features of common space or living areas, and/or size/features of the kitchen. All LdM apartments are non-smoking.

A standard LdM apartment assignment consists of a double occupancy bedroom (two single beds in the same room) within a shared apartment. Single occupancy bedrooms within a shared apartment are available upon request but limited in number; therefore, students should remain open to placement in a double occupancy bedroom.

INCLUDED	NOT INCLUDED
Wi-Fi internet connection	Air conditioning
One cleaning every two weeks during semester programs	Extra cleaning or cleaning during short-term programs
Rent plus the average cost of utilities (water, gas, electricity)	Excessive consumption of utilities
Repairs for damage not caused by students	Damage caused by students
Furniture, television, bed linen, and towels	Telephone
Washing machine	Drying machine
Kitchen equipment (pots, pans, utensils) and basic appliances)	Meals

HOMESTAYS*

LdM students also have the option to live in a homestay with local Italians. This housing option is ideal for those who want to practice the language and learn about Italian family life and customs.

Students who want to live and bond with Italian people enjoy the homestays arranged by LdM. Living with a host or host family has linguistic and cultural benefits, not to mention the homestyle Italian cooking. As part of an Italian household, students directly participate in Italian daily life, building relationships with their hosts by being involved in everyday routines as well as traditions, from holidays to birthday celebrations.

Homestays are recommended to LdM students who are committed to learning Italian. The combination of formal language lessons and home-based practice with native speakers is an authentic, effective means to better understand Italian culture.

Most Italians live in apartments, so students can expect to live in apartment-style housing, and apartment features will vary by placement. Like the student apartment housing option, LdM homestay assignments typically consist of a double occupancy bedroom within a shared apartment. Single occupancy bedrooms within a shared apartment are available upon request but limited in number.

INCLUDED	NOT INCLUDED
Wi-Fi internet connection	Air conditioning
One cleaning per week	Extra cleaning
Rent plus the average cost of utilities (water, gas, electricity)	Excessive consumption of utilities
Repairs for damage not caused by students	Damage caused by students
Laundry services and changing of bed linen and towels (once per week)	More frequent laundry service and/or use of washing machine
Continental breakfasts (5 days per week, plus lunch for LdM Tuscania students!) and homemade Italian dinners (5 days per week during semesters, 4 days per week during summer sessions)	Meals on the weekends

**In line with COVID-19 protocols, LdM has decided to temporarily suspend the homestay option for Fall 2022. LdM is evaluating the possibility to restore the Homestay option for Spring 2023.*

INDEPENDENT HOUSING

Students are not obligated to choose housing through LdM; however, some home institutions require study abroad students to live in LdM housing. If you are interested in finding accommodations independently, please consult your home institution.

If approved by your home institution to pursue independent housing, you may request a list of Italian real estate agencies by sending an email to housingapplication@lorenzodemedici.it. For questions or concerns related to independent housing, students should contact the responsible proprietor, landlord, or agent.



Student Life

A NECESSARY COMPLEMENT to the rich and varied academic content at its two campuses, LdM's dependable team of advisors is committed to guiding students to a deeper understanding of the Italian lifestyle, language, culture, and customs. Co-curricular learning is facilitated through recreational activities, student clubs, volunteer opportunities, and excursions. After all, a study abroad experience would be incomplete without fun and adventure!

STUDENT SERVICES

Every student receives constant support from an assigned LdM Advisor. Whether requesting a restaurant recommendation or referral to academic resources, students can rely on their LdM Advisor. In addition, LdM Advisors assist students with accessing local health care and navigating international insurance. Upon arrival in Italy, LdM's 24/7 emergency phone number is shared during orientation in case a student needs to speak with an advisor for any urgent reason outside of business hours. Mental health services are also available to LdM students at no additional cost, and appointments with certified counselors are easily booked online.

ACTIVITIES AND EXCURSIONS*

Getting around Florence and Tuscania is made easy by the fact that LdM premises are near major transportation hubs. Experiencing Italy's rich culture is also facilitated through LdM-organized activities, including day trips to nearby towns, hikes, Italian movie nights, guided tours of museums and landmarks, theatrical performances, exhibition openings, cooking classes, soccer matches, and more! Additionally, weekend excursions are led by LdM faculty and staff. Past examples include trips to Venice, Pompeii and the Amalfi coast, Cinqueterre, and Montecarlo. During the course of their studies, students receive schedules of LdM activities and excursions.



Soccer club, Florence



Jam Ensemble Club in the San Jacopo in Campo Corbolini Church, Florence



Field trip to vineyard



"The clubs and activities offered by LdM were very diverse and culturally enriching. I attended wine tastings, watched classic Italian movies, prepared gnocchi and cannoli, and explored Florence with my peers. LdM has given me a semester worth of memories that I will never forget."

- Rosa Melillo, Spring 2014

STUDENT CLUBS

At LdM Florence, a variety of clubs connect small groups of students several times per semester to explore shared interests. These clubs are a great way to get involved and meet other LdM students outside of class! Examples of past clubs include Soccer, Volleyball, Pilates, Choir, Jam Ensemble, Drawing and Ceramics, Board Games, and more!

VOLUNTEERING & PROFESSIONAL OPPORTUNITIES*

LdM students can volunteer to learn through service with Florentine community organizations, such as food banks, clothing distribution centers, and primary schools. If the thought of building relationships through clean-up initiatives or teaching English to schoolchildren appeals to you, talk with your LdM Advisor. Additionally, LdM students can sign up for a non-credit professional opportunity. Unlike internships, these opportunities are based upon the completion of a single experiential learning project arranged by LdM in collaboration with community partners and businesses. Students receive a certificate of participation upon successful completion of their professional opportunity project.

**Within the context of COVID-19, the LdM program features and services outlined herein are subject to modification in accordance with applicable government and LdM health and safety measures.*

Annual Events in Italy

SEPTEMBER

- Venice Film Festival
- Historical Regatta in Venice
- Milan Fashion Week: Spring & Summer
- Mercante in Fiera in Parma
- Tutto Sposi in Florence (wedding fair)

OCTOBER

- Florence Biennale Art Exhibition
- EuroChocolate Festival in Perugia
- SMAU IT and Innovation Fair in Milan
- Lucca Comics & Games

NOVEMBER

- Rome Jazz Festival
- FIFA World Cup begins

DECEMBER

- Opening of opera season at La Scala in Milan
- Christmas markets in Florence
- Florence Light Festival
- Florence Ice Village

JANUARY

- Antique Festival in Florence
- Pitti Uomo in Florence (men's clothing)
- Pitti Bimbo in Florence (children's wear)
- Motor Bike Expo in Verona

FEBRUARY

- Celebration of Carnevale
- Milan Fashion Week: Fall & Winter
- Sanremo Music Festival
- Pitti Filati in Florence (knitwear)

MARCH

- Pitti Taste (food and wine)
- Rome Marathon
- BookCity Milano (book festival)
- Bologna Mineral Show

APRIL

- Scoppio del Carro, Easter celebration in Florence
- Venice Biennale Art Exhibition
- Opening of the Iris Garden in Florence
- Milan Design Week (furniture and furnishings)
- Vinitaly wine festival in Verona
- MIDA, International Artisan Fair in Florence

MAY

- Giro d'Italia (bicycle race)
- International Book Festival in Torino
- Motor Valley Fest in Modena
- Cibus Food Exhibition in Parma
- Eurovision Song Contest

JUNE

- Pride parades throughout Italy
- Mille Miglia motorsport race
- Opera Festival in Verona
- Calcio Storico historic soccer in Florence
- Firenze Rocks Music Festival

JULY

- Florence Folk Music Festival
- Umbria Jazz Music Festival
- Palio di Siena Horse Race

AUGUST

- Celebration of Ferragosto

Living Costs in Italy

Living costs in Florence are lower than other major European cities and students who study abroad in Florence are often surprised by the city's affordability. To compare the cost of living in Florence to your city, consider using free cost of living calculators available online.

Estimated living expenses per 12-week semester

The table below is based on averages. Prospective applicants may use these averages to calculate estimated living expenses based on their individual budget and lifestyle.

Living Expense	Estimate (in Euros)	Estimate (in USD)
LdM Meal Plan* (optional)	€93 for 11 weekday lunches at the LdM Cafeteria (take away option is available for flexibility between classes)	\$103
Groceries	€150-200 per month	\$165-220
Dining Out	Budget meal: €10-20 Mid-range restaurant: €20-35 High-end restaurant: €35-50	\$11-22 \$22-39 \$39-55
Local Transportation	Bus/Tram fare: €1.50 Taxi from city center to airport: €30-40	\$1.66 \$33-44
Train Travel	Regional (Tuscany): €10-75 round trip National: €45-185 round trip <i>Note: Fares vary by destination and train type (bullet train is more expensive)</i>	\$11-82 \$49-203
Textbooks and Materials	LdM lab fees vary by course, between €150-300	\$165-330
Entertainment and Social Activities	Museum/Gallery admission: €12-30 Opera ticket: €50-100 Movie ticket: €10 Glass of wine: €5.50 Cappuccino: €2 Gelato: €3	\$13-33 \$55-110 \$11 \$6 \$2.20 \$3.30

*LdM meals consist of 1 bottle of water or soft drink, 1 coffee, 1 seasonal fruit or dessert, and 1 freshly prepared main dish (either a mixed plate with a selection of pasta, main courses, and side dishes OR 2 sandwiches and a side dish). For sample menus, check out @istituto_ldm on Instagram!



Students in Piazza Santa Croce, Florence



How to Apply



STEP 1:

Select your LdM program and campus.

STEP 2:

If applicable, visit with your academic advisor and/or the study abroad advisor at your home institution, completing any and all necessary steps for study abroad approval.



STEP 3:

Complete the online LdM Program Application.

APPLICATION DEADLINES:

FALL SEMESTER: JUNE 15

SPRING SEMESTER: NOVEMBER 15

JANUARY INTERSESSION: NOVEMBER 15

SUMMER SESSION I: APRIL 15

SUMMER SESSION II: MAY 15

GENERAL ACADEMIC CALENDAR:

SPRING: FEBRUARY TO MAY

FALL: SEPTEMBER TO DECEMBER

SUMMER: JUNE, JULY

INTERSESSION: JANUARY (3 WEEKS)

Please visit our website for more information about application dates and procedures:



www.ldminstitute.com/admissions/



View of the Arno River, Florence





Istituto Lorenzo de' Medici

THE ITALIAN INTERNATIONAL INSTITUTE

FLORENCE | TUSCANIA

**LdM Italy Main Office:
Florence**

Via Faenza, 43
50123 Florence, Italy
Phone: +39.055.287.360
Phone: +39.055.287.203
Fax: +39.055.239.8920
info@ldminstitute.com

**LdM Academic Relations
and Student Services**

3600 Bee Caves Road, Suite 205B
Austin, TX 78746 US
Phone: +1.877.765.4LDM (4536)
Phone: +1.512.328.INFO (4636)
Fax: +1.512.328.4638
info@ldminstitute.com



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